

Director:
Jamie Perfect

Head of School:
Kim Walton

5th July 2020

Return to school 2020-2021: Hygiene Plan

Given the disruption to learning since March 16th 2020, where Bremen Senate ordered the mandatory closure of schools, we have slowly and cautiously been working toward reopening ISB as normally as possible, whilst adhering to the regulations on Hygiene issued by the Senate the school will be adopting the cohort principle and the following measures

Hygiene Principles

Instruction will resume in accordance with the current hygiene framework concept for school hygiene regulations. Based on the framework concept from the Bremen Education Authority.

Most important measures:

- **Students and teachers must stay at home if they have Coronavirus (COVID-19) symptoms such as an elevated temperature of 37.5+, a nasal cold, runny nose, sneezing, sore throat, mild cough, or changes to the sense of smell or taste). They should quarantine if returning from an at risk area, unless evidence of a negative test can be produced.**
- For adults among themselves and with adults and students above Grade 1
 - Observe current distance rules ideally 1.5 m
 - No touching, hugging or shaking hands
- There are no distance rules and no restrictions on contact between students **if the cohort system is strictly observed.**
- For contact between adults and students, if a physical distance of 1 to 1.5 metres cannot be adhered to then further protective measures such as covering the mouth and nose or similar must be taken.
- Therefore, in order to protect teachers, students in all years will be expected to wear a mask on entry and whilst moving around the classroom, or when physical distancing is not possible.
- In contact with students in a one to one situation, social distancing or wearing face masks should be maintained.
- Students Grade 1 and above will only be allowed in the bathroom areas one at a time, and if moving around the school they should be wearing a mask at all times.
- Ventilate well. The recommendation is windows are opened for at least 5 minutes every hour.



Hand Hygiene:

The most effective infection control measure is to **wash your hands** regularly and thoroughly with soap, especially after blowing your nose, coughing or sneezing, after using public transport, after contact with banisters, door handles, handholds etc., before and after eating, before putting on and taking off a protective mask, after going to the toilet.

Hand disinfection: The proper disinfection of hands is especially useful when thorough hand washing is not possible. For this purpose, hand sanitiser will be distributed throughout the school and should be massaged into the hands for approx. 30 seconds until completely dry.

- Do not touch the face, especially the mucous membranes with your hands, i.e. do not touch the mouth, eyes or nose.
- If possible, do not touch publicly accessible objects such as door handles or elevator buttons with your full hand or fingers, use elbows if necessary.
- Coughing and sneezing in the crook of your arm are among the most important preventive measures! Keep the greatest possible distance when coughing or sneezing, it is best to turn away

We should be teaching the students and encouraging good personal hygiene whenever possible.

Cohort Principle

Subject to corresponding provisions in the Senate's Corona Legislative Decree, the **cohort principle shall now take the** place of the distance requirement to be observed throughout. In this case, **the obligation to observe the distance rule among the students is not required within a cohort or group, e.g. a grade.** The idea behind the cohort principle is it ensures a regular school operation. By defining **groups in a fixed composition (cohorts)** the contacts and **infection paths can be traced effectively** in case of infection. The aim is to ensure that **quarantine regulations** do not affect the entire school in the event of infection, but only this group **within which a risk of infection may have existed.**

During **breaks, lunch, etc.**, the cohorts are separated from each other as far as possible by **staggering the time of day or having designated break out areas.**

If it is deemed essential for cohorts to mix in these exceptional cases the reasons must be justified and documented to the Head of School (Mr Walton) or the Director. If cohorts mix, detailed records of the interactions between individual students must be logged including times and names.

Teachers generally move across cohorts, since they are deployed in different classes either in the Secondary School or as Specialists. Teachers are therefore required to observe the **principle of physical distance** between themselves and their students wherever possible. They should wash their hands after teaching one cohort and moving to the next one. The use of a mouth-and-nose covering as well as the use of Plexiglas devices can be decided individually. Teachers and other persons who are in special situations who have to be deployed not only **across** cohorts but also **across the grades in the different parts of the school**, have to ensure they observe all protective measures. In addition, they must record their deployment so that contacts can be traced in case of infection.